

Summer OF Psalms

Summer of Psalms: Sermon Study Along **PSALM 1**

The format of this study guide is to help facilitate good Bible study practices and group discussion. You are encouraged to follow each section to the best of your ability, and use resources to help fill any gaps or questions you might have about the text. Following the guide are some responses of various pastors at Del Sol Church. These are not to provide you with exact answers, but intended to help your study as you can observe the way they have completed each section.

READ IT

Read the full Psalm 1 text in your preferred Bible version.

THINK IT

In your physical Bible or Bible app, highlight two or more phrases that sound interesting, deep, questioning, confusing, enlightening, etc. The point here is to start the study by finding what sections of the chapter stood out to you.

SHARE IT

Now you will take a moment to summarize the text, but in your own words.

CONNECT IT

Now that you have worked through the text, take note of two or more phrases within the chapter that brought to mind other sections of the Bible.

DISCUSS IT

First answer these two questions by making a list:

- What does the text say about human beings?
- What does the text say about God?

Now answer any of the following prompts/questions that stand out to you and discuss with your family or a small group.

- Psalm one uses a lot of imagery like trees, chaff, path. Are there any specific images that come to mind when you read the psalm?
- Think of your 3 closest friends. Are you being more of a good influence on them or are they being more of an bad influence on you? (verse 1)
- If every chapter in the Bible points us to Jesus, where does Jesus come in to this Psalm?
- We are all on a pursuit of happiness , what are some of the things/places/people that you have sought your happiness in?
- If there are only 2 options or 2 paths- which path would you say you are currently following?

DO IT

Last, take a moment to reflect on your study and responses to this section, and answer this question:

If this is God's word for you, you personally, what are you going to do about it this next week?

Phrase your answer by starting with an "I will..."

Share your study with us at our social media platforms @delsolchurch

Example from Del Sol Church Members

Pastor Beto Gonzalez:

READ IT:

THINK IT:

- Key words: blessed- meditates-tree- chaff- destruction

SHARE IT:

The blessed person avoids evil. He doesn't walk or stand with sinners. He doesn't even hang out with them. He chooses his friends wisely. The blessed person saturates his life with the word. He enjoys scripture. Every morning he listens to God's voice through scripture and before he goes to bed he meditates on the word. He takes God's word seriously. This person is like a tree by the river that has strong roots. He will be steadfast in trials/storms. Those around him will see evidence of God working in his life.

The evil on the other hand will not end well. They are like useless chaff that is blown away. They will be judged by God one day for their actions. There are two paths: one that leads to a blessed life and one that leads to destruction.

CONNECT IT:

Other sections of scripture that come to mind.

- Mathew 5: The beatitudes which use the word blessed.
- 1 Corinthians 15:33: bad company corrupts good character
- Ezekiel 3: Ezekiel eats of the scroll(word) and it tastes like sweet honey.
- Mathew 7: Jesus tells us to enter through the narrow gate.

DISCUSS IT:

What does the text say about humans? We have a choice of which path to take in life. There is a spiritual law- those that seek God will be blessed with abundant life. Humans seek happiness, but it is only found when we walk with Jesus.

What does the text say about God? God is the source of life and happiness. He is a loving father that warns us about the path to destruction. This passage ultimately speaks of Jesus- God in human form-who is the only one who walked the path of life and lived a perfect life.

DO IT:

For the next week I will replace some those slow times when I usually check my phone and social media. I will replace those with memorization of scripture. I will start with this Psalm 1 and Psalm 19.





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READ IT:

THINK IT:

SHARE IT:

CONNECT IT:

DISCUSS IT:

DO IT:
